

# Bishop Heelan High School Spring Dance Show

Sunday, February 26, 2023

6:00-8:00 PM

Bishop Heelan O'Gorman Fieldhouse

DANCE PERFORMANCES BY:

Bishop Heelan Dance Team

Guest Performances

K-8<sup>th</sup> Grade Dance Clinic Routines

\$5.00 ADULTS

\$2.00 STUDENTS



# Bishop Heelan Dance Clinic & Spring Show

**Grades:** Kindergarten (5 years old) – 8<sup>th</sup> grade

No previous dance experience necessary. The routines will be choreographed & adjusted to fit level of participants.

**Cost:** \$30.00 (Cost includes day camp, evening dance routine, t-shirt, snack, and juice)

**When:** Sunday, February 26

**Sunday Clinic Schedule:**

12:00 PM Doors Open at the Bishop Heelan Commons

1:00-4:00 PM Warm-up/Learn Routine

5:15 PM Arrive back at Heelan to go over routine again

6:00 PM Dance show begins

Dance Clinic participants can wear whatever they want during the clinic. The t-shirts will be passed out before the show, and they will wear these during the show.

Admission: \$4.00 for adults \$2.00 for children and students at the door (participants do not pay)

Please make checks payable to Bishop Heelan High School or BHCS. Return the form below and the money to:

Heelan Dance c/o Alicia Porsch  
1231 Grandview Blvd.  
Sioux City, IA 51103.

**You MUST sign your child up by February 17 at NOON to guarantee a t-shirt. Any signups after this date will not be guaranteed.**

**If you have any questions, please email Coach Morgan Froehlich @ [mcfroehlich4@gmail.com](mailto:mcfroehlich4@gmail.com).**

Child's Name \_\_\_\_\_ Child's Grade \_\_\_\_\_

Parent Name \_\_\_\_\_ Phone No. \_\_\_\_\_

Address \_\_\_\_\_ T-Shirt Size: YS YM YL S M L XL

**WAIVER OF LIABILITY... RETURN WITH APPLICATION**

I acknowledge that I am permitted to use and enjoy the facilities of the Heelan Gym and other Bishop Heelan facilities. I also understand and acknowledge that there is an inherent risk that my child might sustain physical injury in the course of using the facilities. I hereby waive all claims and release Bishop Heelan Catholic Schools, its directors, coaches, or employees from liability for wrong death, personal injury, and property damage caused by negligence of Bishop Heelan Catholic Schools or its directors, coaches, or employees and hold them harmless from all liability, including actual costs, expenses, and attorney fees incurred by them arising from claims, actions, or lawsuits brought against them as a result of my child's use of facilities. We also grant permission for the Bishop Heelan Camp to use photographs of our child for publicity, advertising or other commercial purposes. This camp admits all qualified applicants without regard to race, color, religion, or national origin.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_